

EYOS

ANTARCTICA · ITINERARY AND EXPEDITION INFORMATION

ANTARCTIC PENINSULA

Aboard M/Y Octopus · 20 January – 24 January 2027



CONTENTS

01 ANTARCTIC EXPLORATION

02 ITINERARY

03 ROUTE MAP

04 HELICOPTER

05 WHAT TO BRING

06 RECOMMENDED READING

07 RECOMMENDED VIEWING

08 PHOTOGRAPHY TIPS

09 YOUR GUIDES

10 LIFE ON BOARD

11 VISITOR GUIDELINES

12 THE EYOS TEAM

Antarctica is a landscape on a different scale: mountains rising directly from the sea, deep fjords filled with ice, vast colonies of penguins and whales moving through the channels. Conditions can change quickly, and the experience is shaped as much by the ice and weather as by the itinerary. Every voyage is different. A flexible route allows the yacht to make the most of local conditions, with near-constant daylight in the early austral summer providing long opportunities for exploration. Depending on the ice and weather, days might include visits to penguin colonies and historic sites, Zodiac excursions along ice-filled coastlines, or time spent watching whales and seabirds from the tenders.

Departing from Punta Arenas, cross over the Drake Passage between Cape Horn and Antarctica by air, landing in the South Shetland Islands to embark M/Y Octopus. From here, head to the continent of Antarctica proper, where the coastline of the Antarctic Peninsula offers some of the most dramatic scenery and charismatic wildlife on the planet.

Cruise through narrow channels between ice-covered mountains, paddle or tender past icebergs, and explore bays and fjords by tender. On land, walk among penguins or discover traces of the explorers, scientists and whalers who have passed through these remote places. With the comforts of a super yacht as your base of operations, there is ample time to simply enjoy this singular environment in between once in a lifetime excursions.

ANTARCTIC EXPLORATION



A full-page background image of an Antarctic landscape. In the foreground, there's a body of water filled with numerous icebergs and smaller ice floes. The middle ground shows rolling, snow-covered hills. In the background, several jagged, snow-capped mountain peaks rise against a clear, pale blue sky. The overall color palette is dominated by whites, blues, and greys, creating a cold and majestic atmosphere.

ITINERARY

Aboard M/Y Octopus · 20 January – 24 January 2027

Your itinerary is flexible to make the best of weather and ice conditions. Each day your Captain and Expedition Team will discuss options with the group to deliver a customized experience based on your preferences as you explore Antarctica.

ROUTE MAP

Map showing the approximate route planned for M/Y *Octopus* in Antarctica.

Each voyage is unique, planned around weather and ice conditions, so the actual itinerary and sites visited will vary.

— ROUTE - - - - CHARTER FLIGHT



Arrival Day



PUNTA ARENAS, CHILE

Arrive in Punta Arenas and transfer to your hotel located in the heart of this small but historic city. This evening there will be a briefing on the following day's flight to Antarctica, including an update on the estimated departure time.

Your charter flight is scheduled to leave on **January 20th** from Punta Arenas, time of departure TBA. The departure time of the charter flight is entirely dependent on the weather window on that day and therefore requires flexibility and patience. In some cases the weather forces the charter flight to be delayed by more than 24 hours. We therefore recommend booking two nights in Punta Arenas to allow for flexibility: the night prior to the scheduled departure, and the night of the scheduled departure.

Day 1



KING GEORGE ISLAND, ANTARCTICA

Transfer to the airport for your flight to King George Island, Antarctica. Departure time is subject to weather in Antarctica, but once airborne, flying time aboard this specially equipped aircraft is just 2 hours.

Crossing the Drake Passage by air instead of sea provides a safe, fast and efficient crossing of this infamous stretch of water, often cited as one of the roughest seas on Earth. The use of a multi-engine jet aircraft cuts the crossing down from two days to just a couple of hours as you fly directly from Punta Arenas to King George Island. Please note that these flights are subject to weather conditions in the Antarctic. If the flight is delayed, you will wait for the weather to improve before the flight departs.

Land on the airstrip belonging to the Chilean 'Presidente Eduardo Frei M.' base and transfer to M/Y *Octopus*. After settling in on board and briefings on Antarctic safety, the yacht departs towards the Antarctic peninsula and the first expedition landings of the voyage.

Days 2-4 EXAMPLES OF SITES YOU MAY VISIT DURING YOUR VOYAGE



SOUTH SHETLAND ISLANDS

In addition to King George Island, you may visit some of the other islands in the group. These wildlife-rich islands are on the edge of the Drake Passage at the northern extent of Antarctica. Numerous penguin colonies, seals and seabirds inhabit the islands and the South Shetlands have an interesting history from the sealing and whaling eras.

DECEPTION ISLAND

Deception Island is the flooded caldera of a volcano that last erupted in the 1970s. As well as fascinating geology and a history of shore-based whaling, the island is home to one of the region's largest chinstrap penguin colonies.





ANTARCTIC SOUND & THE WEDDELL SEA

Known as Iceberg Alley, Antarctic Sound is at the very northeastern point of the Antarctic Peninsula, where large tabular icebergs drift in the Weddell Sea. We may land and visit Adélie penguin colonies at Paulet Island, Brown Bluff, Devil Island, or elsewhere in the area.

Exploring the fringes of the Weddell Sea on the eastern side of the Antarctic Peninsula allows you to search ice floes for emperor penguins, which breed on nearby Snow Hill Island during the winter. The magnificent adult birds are hard to find during the summer months when their colonies have dispersed but there is the chance of finding a newly fledged juvenile resting on the ice.

THE DANCO COAST & GERLACHE STRAIT

On the western side of the Antarctic Peninsula, you will spend several days exploring the numerous islands and channels of this breathtakingly scenic area. Around these islands you will visit gentoo penguin colonies and cruise with the yacht and tenders amongst icebergs, past immense glaciers and ice cliffs. Many whales can be seen including humpback, minke and orca. Multiple species of seal are abundant.

M/Y Octopus may visit highlights such as Paradise Bay, Errera Channel, Neko Harbour, Port Lockroy, Lemaire Channel, Petermann Island and Booth Island. The choices are many, and all offer interesting landscapes and wildlife experiences. Each day you will discuss the options and choose the best sites for the conditions.



Day 5 SUN · DISEMBARK



KING GEORGE ISLAND TO PUNTA ARENAS

At the end of your expedition on **January 24**, M/Y Octopus will return to King George Island for your flight back to Punta Arenas. As with your arrival flight, departure time will depend entirely on Antarctica's highly variable weather. When the weather window opens, you'll transfer from your yacht to the airstrip at the Chilean airbase. There, you'll board your charter aircraft for the 2-hour flight back to Punta Arenas.

EXPEDITION ACTIVITIES

Each day will be filled with adventure and your expedition leader will strive to offer versatile options for exploration based on conditions and interests.



LANDINGS

Step ashore to experience this remarkable landscape by foot, visit penguin colonies, historical sites or just go for a short hike.



ZODIAC CRUISING

Navigate among icebergs and along rugged coastlines or view marine wildlife in their natural element.



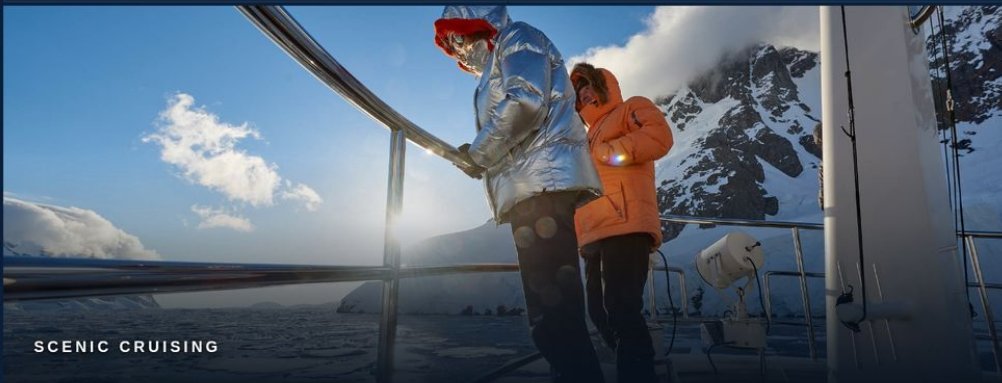
PADDLE SPORTS

Explore sheltered waters at a quieter pace, taking in the surrounding scenery from as close to sea level as it gets.



POLAR PLUNGE

Take an exhilarating dip in Antarctic waters for a memorable, albeit extremely brief, immersion in the polar environment.



SCENIC CRUISING

Enjoy views of dramatic glaciers, icebergs and mountains from the comfort of the vessel as it navigates Antarctic waters.



WILDLIFE WATCHING

Observe penguins, seals, whales and seabirds in their natural habitats, with opportunities to learn about their behaviour and adaptations to polar life.



HELICOPTERS

A helicopter will be available for sightseeing flights throughout the expedition.

A first-person perspective from inside a helicopter cockpit, looking out over a vast, snow-covered Antarctic landscape. The view is framed by the dark interior of the helicopter, including the window frame and a portion of the pilot's helmet and shoulder on the left. The landscape outside is a mix of white snow and dark, rocky terrain, with a clear blue sky above. The sun is visible in the upper left corner, creating a bright glow and lens flare.

*Helicopters provide a thrilling way to
experience Antarctica from a bird's-eye view!*

WHAT TO BRING

Conditions in Antarctica can be severe and inhospitable and suitable clothing is necessary to protect you from the elements. Please carefully review the information below and the following packing list to ensure you pack accordingly.

Summer temperatures around the Antarctic Peninsula are typically just above freezing during the day and just below freezing during the night. Expect morning lows of about -5°C (20°F) and daytime highs of around $+7^{\circ}\text{C}$ (45°F). Bear in mind that strong winds and sea spray can make these temperatures feel significantly colder.

Dress typically consists of casual and practical clothing. The clothes you would bring on a ski holiday are a good guide; layers of warm clothes to wear on landings, warm casual clothes for wearing on board, and a warm jacket to wear on deck. For landings, we recommend dressing in layers to allow you to adjust your insulation during changing conditions.



TYPICAL DRESS FOR A LANDING · TOP

- ☐ Thermal underwear
- ☐ Lightweight fleece / thermal top
- ☐ Heavy fleece top / sweater / parka liner
- ☐ Parka / waterproof shell

TYPICAL DRESS FOR A LANDING · BOTTOM

- ☐ Thermal underwear (long johns)
- ☐ Comfortable trousers · if insulated you may not need long johns
- ☐ Waterproof trousers

EYOS Expeditions works with the most experienced polar expedition outfitting service, offering a full range of Antarctic clothing. A complete package may be purchased, or simply the components you require. New Headings offers rental boots and other expedition gear in Punta Arenas. Please visit the website for further details: eyos.newheadings.com

PACKING LIST

CLOTHING

- ☐ 1 full set of thermal or silk long underwear
- ☐ Socks and underwear
- ☐ 3 or 4 pairs of warm, sturdy, tall thick socks, wool, smart wool, or synthetic, for wearing with rubber boots. Bring several pairs since you may get your feet wet.
- ☐ T-shirts, polo shirts, jeans / slacks and other casual clothes, for layering and on board the vessel
- ☐ 2 or 3 warm long-sleeved shirts for casual wear and layering. Turtlenecks are a good option as they offer protection from the wind.
- ☐ 2 or 3 warm woollen or polar fleece sweaters. A combination of lighter and heavier sweaters is preferable for greater flexibility. Please note that fleece is lighter and dries more quickly than wool.
- ☐ 2 pairs of warm, comfortable trousers to wear under your waterproof pants. Heavy cotton, wool, or synthetic hiking trousers are ideal choices.
- ☐ A bathing suit for a "Polar Plunge" or the ship's jacuzzi

OUTERWEAR

- ☐ One waterproof parka / shell jacket for rainy or windy weather. Quality is important to be comfortable during landings, tender rides and while spending time on deck.
- ☐ One pair of waterproof pants, made of Gore-Tex or similar waterproof, breathable fabric, that are loose enough to wear over a regular pair of trousers. You will need these for almost every landing.
- ☐ Waterproof mittens or gloves. Also a pair of thin, polypropylene gloves that fit underneath so that you can remove your outer mittens or gloves while taking photos without your hands getting cold. You will want to bring an extra pair of gloves or mittens in case your other pair gets wet.
- ☐ 1 or 2 warm hats and a scarf / neck gaiter. Wind-stopper fabrics are a good choice for your hat and wool or fleece are ideal.

FOOTWEAR

- ☐ Comfortable walking shoes with rubber soles for use on board and for travel to the vessel. Some people prefer lightweight hiking boots for better ankle support.
- ☐ One pair of casual shoes, sandals or slippers with non-marking soles for use on board
- ☐ One pair of fully waterproof rubber boots with sturdy, high-traction soles. We stress the importance of knee-high boots that are completely waterproof so that your feet will not get wet when you step into shallow, icy water during landings. Additionally, boots should have good traction because you are likely to encounter poor footing on ice and rough terrain. Also, comfort is important: if your boots are too heavy or bulky, your footing will be awkward. We recommend a boot similar to those available from the brand 'Muck Boots' with non-Vibram soles.
- ☐ If you are not comfortable walking in rubber boots, you may wish to also bring a pair of waterproof hiking boots. Gore-Tex fabric boots are good choices.

EQUIPMENT

- ☐ Camera, lenses and memory cards
- ☐ Laptop or other portable device in order to download your photographs during the voyage
- ☐ Extra camera batteries or battery charger. Note that cold temperatures sap battery life much more quickly than in warmer climates, so you want to be prepared with extra batteries.
- ☐ A good pair of binoculars · see Binocular Guidelines
- ☐ A lightweight collapsible, walking stick, also called a trekking pole. Provides a sense of security, increased balance and confidence when walking on ice, snow and rugged terrain. Some prefer to walk with a pole in each hand for even more stability.
- ☐ Water-resistant backpack or similar for carrying cameras or other equipment during landings. Waterproof backpacks are available, but an easy alternative is to bring a waterproof liner or large plastic bag to put inside a regular backpack.
- ☐ Sunblock, moisturizing lotion and lip balm to protect your skin against sun, wind and cold
- ☐ 1 or 2 pairs of sturdy sunglasses with good UV and wind protection. The summer sun reflected off the ice can be dangerous to under-protected eyes. We recommend bringing a spare pair in case one breaks or is lost. Those who wear contacts may find wind and sea salt spray can irritate the eyes without good sunglasses for protection.

BINOCULARS

- Binoculars are essential for quality viewing of distant wildlife and birds in wilderness areas. You will find yourself using your binoculars a lot, so it is worth investing in a quality product.
- Binoculars are described by two numbers, "10 x 50" for instance. The first number is the magnification and the second is the diameter of the front lens in millimeters. This tells you first of all how much bigger things appear and then how much of it you see at that magnification, a bit like looking down tubes of different diameters. A front lens diameter of 50mm is fairly common, but the binoculars will be quite bulky; anything less than this is described as "compact", much easier to carry about, but a smaller diameter tube to look down.
- A magnification of 10 or 12 is about as much as most people can manage to hold without shaking and is generally most useful. Don't simply choose the most powerful binoculars you can since these are hard to hold steady without a tripod or something to brace against. Consider weight, as you will want to bring these with you during walks ashore. 8x42 or 10x42 are popular choices.
- Image-stabilized binoculars are an excellent choice. Kite Optics offers field-tested image-stabilized models that are highly recommended by EYOS staff. For more information please visit usa.kiteoptics.com. As a trusted partner Kite Optics extends a 10% discount to EYOS travelers, enter the promo code EYOSKITE10 upon check out and the discount will be applied to your order.

RECOMMENDED READING

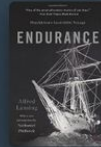


Antarctica: A Guide to the Wildlife

BY TONY SOPER · 8TH EDITION

Our favourite guide. Designed for the field, this compact handbook features all of the species of birds, seals and whales a traveler is likely to encounter on an Antarctic voyage.

[FIND THE BOOK →](#)



Endurance: Shackleton's Incredible Voyage

BY ALFRED LANSING

Lansing's gripping day-by-day story of Shackleton's legendary perseverance is essential reading for any Antarctic traveler. This 100th anniversary edition is outfitted with maps, an expanded selection of Frank Hurley's photographs and an introduction by Nathaniel Philbrick.

[FIND THE BOOK →](#)



The Worst Journey in the World

BY APSLEY CHERRY-GARRARD

Blending scientific ambition and human resilience, this masterpiece of polar exploration literature provides an account of the British Antarctic Expedition, a winter sledging trip for Emperor penguin eggs and Scott's race to the South Pole.

[FIND THE BOOK →](#)



The Home of the Blizzard

BY SIR DOUGLAS MAWSON

Mawson's gripping account of the struggle for survival with the Australian Antarctic Expedition with great tales of Antarctic discovery, adventure, courage, epic rescues and heroic endurance.

[FIND THE BOOK →](#)



Antarctica: An Intimate Portrait of the World's Most Mysterious Continent

BY GABRIELLE WALKER

Referred to as a "warm look at a cold place", Walker provides a more-modern and respectful exploration of the 7th continent's history, geography, wildlife and ice in this Antarctic primer.

[FIND THE BOOK →](#)



Dispatches from Continent Seven: An Anthology of Antarctic Science

BY REBECCA PRIESTLEY

From fascinating fossil evidence to the reasons behind Antarctica's surprising number of meteorites, this scientific anthology reveals over 200 years of research on Antarctica.

[FIND THE BOOK →](#)

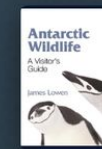


The Last Place on Earth: Scott and Amundsen's Race to the South Pole

BY ROLAND HUNTFORD

Igniting huge controversy when it first appeared, Huntford's rousing dual biography contrasts Amundsen's well-planned campaign to achieve the Pole with Scott's ill-fated quest.

[FIND THE BOOK →](#)



Antarctic Wildlife: A Visitor's Guide

BY JAMES LOWEN

A richly illustrated field guide that introduces readers to the remarkable wildlife of the Antarctic Peninsula, Drake Passage and Beagle Channel. Featuring detailed species descriptions, colour photographs and practical identification tips, it helps readers recognise penguins, seals, whales, seabirds and other wildlife they may encounter during an Antarctic expedition.

[FIND THE BOOK →](#)

RECOMMENDED VIEWING



Frozen Planet II

BBC · 2022

Episodes 1: *Frozen Worlds*, 2: *Frozen Ocean*, 4: *Frozen South* (especially) and 6: *Our Frozen Planet* will give great visual context for your upcoming expedition. This 6-part series, narrated by David Attenborough, explores the habitats, wildlife, global significance and fragility of the polar regions.

WHERE TO WATCH --



Frozen Planet

BBC & THE OPEN UNIVERSITY · 2011

A 2011 British nature documentary series, co-produced by the BBC and The Open University. It was filmed by the BBC Natural History Unit. The seven-part series focuses on life and the environment in both the Arctic and Antarctic. The production team were keen to film a comprehensive record of the natural history of the polar regions because climate change is affecting landforms such as glaciers, ice shelves, and the extent of sea ice.

WHERE TO WATCH --



Endurance

NATIONAL GEOGRAPHIC
DOCUMENTARY FILMS · 2024

The film combines archival film and photographs captured by expedition photographer Frank Hurley from Ernest Shackleton's legendary 1914 Imperial Trans-Antarctic Expedition with the story of the discovery of the wreck of the *Endurance* in the Weddell Sea.

WHERE TO WATCH --

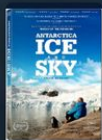


March of the Penguins

DIR. LUC JACQUET · 2005

A 2005 French feature-length nature documentary directed and co-written by Luc Jacquet, and co-produced by Bonne Pioche and the National Geographic Society. The documentary depicts the yearly journey of the emperor penguins of Antarctica.

WHERE TO WATCH --



Antarctica: Ice and Sky

DIR. LUC JACQUET · 2015

This biographical documentary chronicles the life and work of French glaciologist Claude Lorius, the first researcher to discover the link between greenhouse gasses and global warming. Take a closer look at ancient ice cores and air bubbles trapped deep within Antarctic ice.

WHERE TO WATCH --



Happy Feet 1 & 2

DIR. GEORGE MILLER · 2006 & 2011

For the younger viewers. Explore the Antarctic environment through the adventures of a tap-dancing Emperor penguin named Mumble while he quests to solve Antarctic emergencies from fish supply issues to iceberg entrapments.

WHERE TO WATCH --



Ages of Ice

PBS DOCUMENTARY SERIES · 2026

A three-part series that explores modern research of glacier movement, ice sheets, climate regulation by the polar oceans, Antarctic krill populations, air-eating microbes in Antarctica and many other topics.

WHERE TO WATCH --



The Great White Silence

HERBERT PONTING · 1924

A 1924 English documentary that contains brief cinematograph sequences taken during the Terra Nova Expedition of 1910–1913. The principal filmmaker was photographer Herbert Ponting. Originally a silent film, the documentary was restored and re-released in 2011 by the British Film Institute with a musical soundtrack by Simon Fisher Turner.

WHERE TO WATCH --

PHOTOGRAPHY TIPS

Special considerations for photography in Antarctica.

- A super-wide lens is recommended for capturing the vast landscapes.
- Photographing distant wildlife such as whales or seabirds may require a fast, long lens or high zoom function. Image stabilized lenses are recommended.
- Because cold temperatures sap battery power, carry batteries close to your body to keep them warm, and carry spares.
- Protect your photographic gear from the elements. Rain and sea splash make waterproof bags essential.
- Always have your camera on a strap to avoid dropping it on deck or in the sea.
- Consider the weight of photo equipment you plan to carry ashore.
- A tripod is useful ashore but not practical for use on board the moving vessel. A monopod or beanbag can be useful to stabilize images taken from the vessel.
- Uploading large numbers of photos or video to the cloud may not be possible during the expedition due to limited internet speed on board, so plan on keeping your photos on your phone or computer.



USE OF REMOTELY PILOTED AIRCRAFT SYSTEMS

The term Remotely Piloted Aircraft Systems (RPAS) is used for any remote piloted aircraft, these are also referred to as a drone or UAV (Unmanned Aerial Vehicle). We would like to remind all travelers to Antarctica who are hoping to fly a RPAS / UAV / drone that IAATO Members have agreed to a ban on the recreational use of these aircraft in Antarctica. As EYOS is an IAATO member, and the yacht will be operating under EYOS' membership, we will abide by this ban.

YOUR GUIDES



LEAD GUIDE

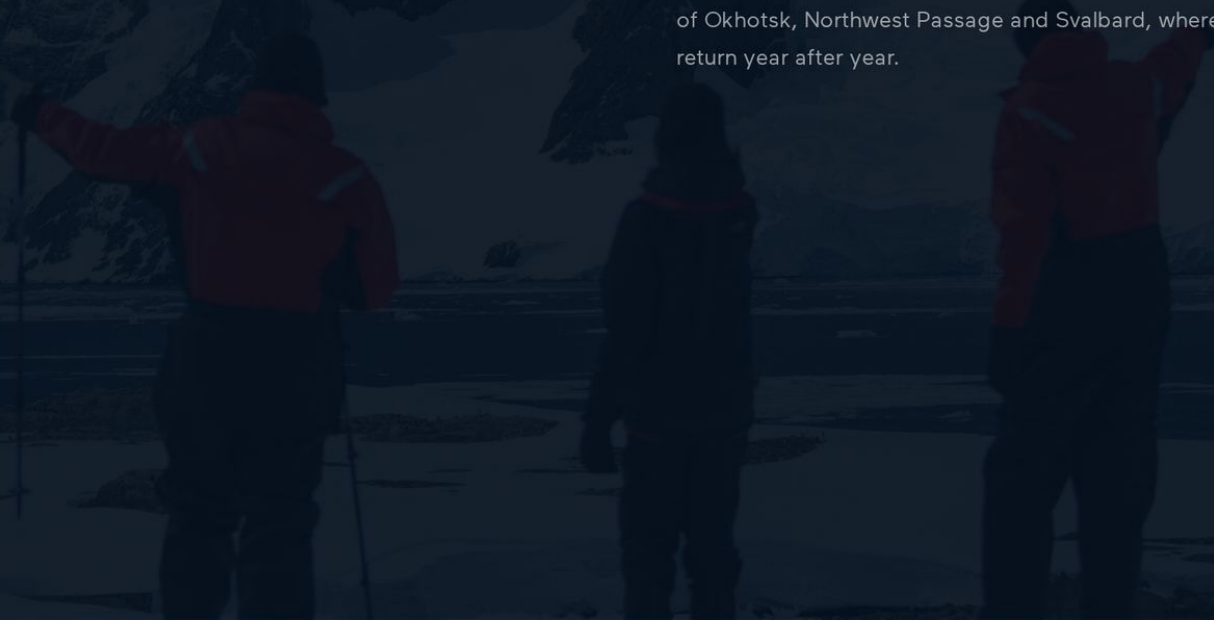
MARTIN ENCKELL

After learning that his father worked for Jacques-Yves Cousteau aboard the famous ship Calypso, Swedish-born Martin Enckell insisted on learning to dive right away. His training started at the age of 12 with Israeli navy divers in the Red Sea, and since that time he has successfully combined his love of travel with his love of nature.

Martin began his career at sea 20 years ago and has been on the move since then, having stood at the Geographical North Pole seven times, spent long over a year in the Drake Passage, and since 1999 has been returning every year to the Antarctic and the high Arctic. Martin works as Expedition Leader, Zodiac Driver and Dive Master.

Based for 18 months in the Maldives, but wanting to specialize in the colder waters of the world, Martin and his brother started a polar SCUBA diving program, successfully guiding diving excursions in the Antarctic Peninsula, South Georgia and the Falkland Islands. Commercially Martin worked as safety diver on the feature film Harry Potter and the Goblet of Fire and led the underwater filming team of Sir David Attenborough's film, Penguin Island. He was the Expedition Leader for the BBC's Blue Planet II in Antarctica, and was the field coordinator for the NHK Polar Stories series.

Enjoying the contrast of the Polar Regions and the tropics, Aldabra in the outer Seychelles, Africa and Madagascar continue to pull Martin to the Indian Ocean year after year. Still, by choice, most of his time has been spent in the Antarctic and the Arctic; along with the Canadian Maritimes, Iceland, Norway and Greenland. In the Arctic Martin has explored both the west & east coasts of Greenland, the Canadian Arctic, Franz Josef Land, Novaya Zemlya, White Sea, Sea of Okhotsk, Northwest Passage and Svalbard, where he tries to return year after year.



LIFE ON BOARD

YACHT: M/Y OCTOPUS



OCTOPUS

ACCOMMODATIONS

Flexible accommodations for 12 guests in 13 cabins.

All cabins are fully air conditioned/ heated with individual controls in each cabin.

Each cabin features a: Safe · Telephone · TV with access to video on demand, navigational charts and live exterior scenic camera feeds (Live TV is not available) · Sound system

Bathrooms are all en-suite and are equipped with comfort heated floors, a toilet, shower and bath & hairdryer. A range of essential toiletries is provided.

AUDIO/VISUAL

OCTOPUS' cinema offers a wide selection of movies over 800 movies to suit all tastes. For gaming enthusiasts, OCTOPUS has a PlayStation available for your enjoyment. Selected seats in the cinema are specially motion-activated and provide an immersive viewing experience. OCTOPUS also has a DJ Booth in Studio.

BRIDGE

OCTOPUS has an open bridge, where you are always welcome to visit. The Captain may decide to close the bridge at any time due to navigation.

CLOTHING

There is no dress code aboard OCTOPUS, so please feel free to dress as you choose. Normal clothing on board is casual attire, suitable for the cruising destination. Some guests choose to dress a little more smartly for dinner, but this is entirely up to you. Please see the What to Bring section for more specific guidelines on packing.



OCTOPUS

COMMUNICATIONS

OCTOPUS offers a dedicated Starlink service for guest internet access using Starlink's best effort service and location dependent availability. With Starlink, we typically see reliable speeds of up to 100Mb/s download and 20Mb/s upload while underway. Traditional VSAT service is available as a backup at a minimum speed of 12Mb/s download and 4Mb/s upload. The bandwidth can be increased with a weeks notice and is quoted separately depending on needs.

DISABLED PERSONS

OCTOPUS is not equipped for wheelchairs. In case of special requirements please contact us.

IMMIGRATION

Please check all visa and immigration regulations, and any required vaccinations carefully as these are your responsibility.

LAUNDRY

Laundry service is available free of charge, however dry cleaning is not available.

HEALTH AND WELLNESS

OCTOPUS has a variety of mats, yoga blocks, rollers, boxing gloves, resistant bands ankle weights and hand weights.

MEALS

All meals are freshly prepared from the finest available ingredients by our chef. Breakfast is typically served buffet style, lunch family style, and dinner family style or plated. Please advise us well in advance of any special dietary information, allergies or particular dislikes in order for us to be prepared for your needs.

MEDICATION

The vessel has a well equipped medical suite and a trained Medic or Registered Nurse is typically on board at all times. The Captain and officers are also well trained in first aid and shipboard medicine, Please ensure that you bring any medication you might need with you.

POWER

On board power is 110v with American sockets. There are 220v European sockets in the ensuite cabin bathrooms. Limited adapters are available on board so please bring your own for any equipment you plan to use on board.

SAFETY

In accordance with the International Convention for Safety of Life At Sea (SOLAS), a full safety briefing and guest drill will be conducted at the beginning of each voyage.

SMOKING

The interior of OCTOPUS is strictly non-smoking. There are designated smoking areas on the vessel's open decks.

TIPS

A gratuity to crew and expedition guides is customary, but is given at the Charterer's discretion. Charter Brokers generally suggest to Charterers that a gratuity calculated between 5% and 15% of the Charter Fee is appropriate if the crew has given excellent service.

ZODIAC OPERATIONS

OCTOPUS is equipped with Zodiacs and tenders for remote coastal landings. A briefing on their use will be given on board.

VISITOR GUIDELINES



Recommendation XVIII-1, adopted at the Antarctic Treaty Meeting, Kyoto, 1994.

Activities in the Antarctic are governed by the Antarctic Treaty of 1959 and associated agreements, referred to collectively as the Antarctic Treaty System. The Treaty established Antarctica as a zone of peace and science.

In 1991, the Antarctic Treaty Consultative Parties adopted the Protocol on Environmental Protection to the Antarctic Treaty, which designates the Antarctic as a natural reserve. The Protocol sets out environmental principles, procedures and obligations for the comprehensive protection of the Antarctic environment, and its dependent and associated ecosystems. The Consultative Parties have agreed that, pending its entry into force, as far as possible and in accordance with their legal system, the provisions of the Protocol should be applied as appropriate.

The Environmental Protocol applies to tourism and non-governmental activities, as well as governmental activities in the Antarctic Treaty Area. It is intended to ensure that these activities do not have adverse impacts on the Antarctic environment, or on its scientific and aesthetic values.

This Guidance for Visitors to the Antarctic is intended to ensure that all visitors are aware of, and are therefore able to comply with, the Treaty and the Protocol. Visitors are, of course, bound by national laws and regulations applicable to activities in the Antarctic.

KEY POINTS

- **Maintain a distance of at least 5 meters (15 feet) from wildlife at all times.**
- **Do not sit, kneel, crouch, or lay down in wildlife areas.**
- **Do not feed, touch, or handle birds or seals, or approach or photograph them in ways that cause them to alter their behavior.**
- **Take note of, and act on, the advice and instructions from your leaders; do not stray from your group.**
- **Do not collect or take away biological or geological specimens or man-made artifacts as a souvenir, including rocks, bones, eggs, fossils, and parts or contents of buildings.**
- **Before you leave home, ensure that anything that may come into contact with the Antarctic environment, including clothing and equipment, is thoroughly cleaned and disinfected.**

PROTECT ANTARCTIC WILDLIFE

- Harmful interference with Antarctic wildlife is prohibited except in accordance with a permit issued by a national authority.
- Do not use aircraft, vessels, small boats, or other means of transport in ways that disturb wildlife, either at sea or on land.
- Do not feed, touch, or handle birds or seals, or approach or photograph them in ways that cause them to alter their behavior. Special care is needed when animals are breeding or molting.
- Do not damage plants, for example by walking, driving, or landing on extensive moss beds or lichen-covered scree slopes.
- Do not use guns or explosives. Keep noise to the minimum to avoid frightening wildlife.
- Do not bring non-native plants or animals into the Antarctic such as live poultry, pet dogs and cats or houseplants.

RESPECT PROTECTED AREAS

- A variety of areas in the Antarctic have been afforded special protection because of their particular ecological, scientific, historic or other values. Entry into certain areas may be prohibited except in accordance with a permit issued by an appropriate national authority. Activities in and near designated Historic Sites and Monuments and certain other areas may be subject to special restrictions.
- Know the locations of areas that have been afforded special protection and any restrictions regarding entry and activities that can be carried out in and near them.
- Observe applicable restrictions.
- Do not damage, remove, or destroy Historic Sites or Monuments or any artefacts associated with them.

RESPECT SCIENTIFIC RESEARCH

- Do not interfere with scientific research, facilities or equipment.
- Obtain permission before visiting Antarctic science and support facilities; reconfirm arrangements 24-72 hours before arrival; and comply with the rules regarding such visits.
- Do not interfere with, or remove, scientific equipment or marker posts, and do not disturb experimental study sites, field camps or supplies.

KEEP ANTARCTICA PRISTINE

- Antarctica remains relatively pristine, the largest wilderness area on Earth. It has not yet been subjected to large-scale human perturbations. Please keep it that way.
- Do not dispose of litter or garbage on land. Open burning is prohibited.
- Do not disturb or pollute lakes or streams. Any materials discarded at sea must be disposed of properly.
- Do not paint or engrave names or graffiti on rocks or buildings.
- Do not collect or take away biological or geological specimens or man-made artifacts as a souvenir, including rocks, bones, eggs, fossils, and parts or contents of buildings.
- Do not deface or vandalize buildings, whether occupied, abandoned, or unoccupied, or emergency refuges.

BE SAFE

- Be prepared for severe and changeable weather and ensure that your equipment and clothing meet Antarctic standards. Remember that the Antarctic environment is inhospitable, unpredictable, and potentially dangerous.
- Know your capabilities, the dangers posed by the Antarctic environment, and act accordingly. Plan activities with safety in mind at all times.
- Keep a safe distance from all wildlife, both on land and at sea.
- Take note of, and act on, the advice and instructions from your leaders; do not stray from your group.
- Do not walk onto glaciers or large snowfields without the proper equipment and experience; there is a real danger of falling into hidden crevasses.
- Do not expect a rescue service. Self-sufficiency is increased and risks reduced by sound planning, quality equipment, and trained personnel.
- Do not enter emergency refuges except in emergencies. If you use equipment or food from a refuge, inform the nearest research station or national authority once the emergency is over.
- Respect any smoking restrictions, particularly around buildings, and take great care to safeguard against the danger of fire. This is a real hazard in the dry environment of Antarctica.

2026-27 AVIAN INFLUENZA PROTOCOLS

Since 2021, the increasing intensity of highly pathogenic avian influenza (HPAI) H5N1 outbreaks has resulted in the deaths of hundreds of thousands of seabirds worldwide. Marine mammals, including seals and sea lions, have also been affected. On February 25, 2024, the first cases of avian influenza were confirmed in the Antarctic Treaty Area. Since then, HPAI has been detected in multiple locations on the Antarctic Peninsula. The Antarctic community, from Antarctic Treaty parties to scientists, National Antarctic Programs, and the International Association of Antarctica Tour Operators (IAATO), is concerned about the effect of avian influenza in Antarctica, the profound impact its spread could have on the local wildlife, and the risk it could pose to humans. IAATO members are committed to the robust procedures in place to protect Antarctica from pathogens and non-native species. With the confirmation of avian influenza in the region, we continue to maintain heightened vigilance regarding operations this season. Here is how you can help prevent avian influenza from being introduced and spread.

BEFORE YOU GO

- Before you leave home, ensure that anything that may come into contact with the Antarctic environment, including clothing and equipment, is thoroughly cleaned and disinfected.
-
- Use IAATO's Don't Pack a Pest guidance to assist you.

IN ANTARCTICA · VISITING WILDLIFE

- Existing protocols, including daily biosecurity procedures, are crucial to protecting Antarctica. In addition, it is required that you:
-
- Maintain a distance of at least 5 meters (15 feet) from wildlife at all times.
-
- Do not sit, kneel, crouch, or lay down in wildlife areas.
-
- Do not place any equipment on the ground or snow in wildlife areas. Your operator will keep you informed, and if in doubt, please ask your guides for direction.

DON'T PACK A PEST · NON-NATIVE SPECIES IN ANTARCTICA

Non-native species are those species that do not naturally occur in an area and have been introduced either intentionally or unintentionally. A wide range of non-native species now occur in Antarctica and the sub-Antarctic islands. These introduced species include microbes, algae, fungi, plants, invertebrates, fish, birds and mammals.

Despite known introductions of non-native species, Antarctica remains a relatively pristine environment. Human activity has the potential to act as a vector for non-native species. Across the continent, science programs and tour operators are working to minimize the risk of humans being a vector for transporting non-native species into and within the Antarctic.

Types of non-native species that have already arrived in Antarctica: seeds, grasses, algae, fruit flies, worms, spiders, midges, microorganisms.

Lessons learned for Antarctica from the sub-Antarctic: human activities in the sub-Antarctic islands have contributed to a large number of introductions of non-native species both intentional (rabbits and reindeer for food) and unintentional (mice, rats, worms and grasses). Approximately 200 non-native species exist on the islands. These species have come to survive in, and in some cases dominate, terrestrial, freshwater and marine habitats, often causing alterations to the ecosystems through extinction or decreased abundance of native species.

BEFORE YOU ARRIVE · ONCE YOU HAVE ARRIVED

- Clean and examine clothes thoroughly: examine all clothing, including pockets, seams, Velcro fasteners, and boot soles for dirt and organic material. A thorough cleaning is recommended.
- Pay special attention to boots and soles, trouser hems and turn-ups, pockets, Velcro and fleece, backpacks, outdoor equipment and camera bags, walking sticks and tripods.
- Pack clean gear: make sure your gear and outdoor equipment are freshly cleaned and free of dirt and organic material.
- Follow the boot and clothing decontamination procedures on your expedition. This is especially important if you are moving between distinct geographic regions, for example between a sub-Antarctic Island and the Antarctic Peninsula, but also if moving between distinct landings or field sites.
- Watch your step. Be careful when walking in areas that contain organic matter as this can be easily transported to other areas. If you do notice organic matter on boots, clothing or gear, make sure to clean it off before leaving a site and use the disinfectant wash between visits.
- Clean your gear regularly. This includes boots, equipment, day packs and camera bags, trouser hems and turn-ups, fleece clothing, Velcro fasteners for outer clothing.
- Report a pest. Tell your guides if you think you have found a non-native species.
- Spread the word. Share this information with others. We all contribute to the health of Antarctica.

ABOUT US

THE EYOS TEAM

ABOUT US

Your expedition will be supported by both an on-board EYOS Expedition Leader and a strong shore-based team on hand to provide 24/7 support for the duration of the voyage. Together we are underpinned by several decades of Antarctic experience.

We are passionate about the Antarctic and genuinely look forward to sharing it with you. Although our field staff members have completed hundreds of expeditions in polar latitudes, we have never lost our enthusiasm for ice and the experiences that it provides.

IAATO

EYOS Expeditions is an active member of the International Association of Antarctica Tour Operators.

IAATO is a member organisation founded in 1991 to advocate, promote and practice safe and environmentally responsible private-sector travel to the Antarctic.



WWW.IAATO.ORG

FOLLOW US



INSTAGRAM



FACEBOOK



YOUTUBE



LINKEDIN

EYOS EYOS.COM

A large, jagged iceberg floats in the center of the frame, surrounded by a vast field of smaller ice floes. The sky is a deep, dark blue, suggesting twilight or dawn. The overall scene is serene and cold.

EYOS

SEE YOU IN PUNTA ARENAS!

EYOS EXPEDITIONS

EYOS.COM

All itineraries are subject to modification by the Captain and Expedition Leader based on weather, ice, sea state and wildlife opportunity. Charter flight departure times are entirely dependent on the weather window on the day and can be delayed by more than 24 hours.